Many of us come face to face with homelessness every day in our home towns. Homelessness can look like a young person sleeping in a doorway, other times it might be someone asking you to spare some change. Often it shows itself as a shared glance from a broken soul. Regardless of how we are reminded of the need, a common feeling often resonates: what can I do to help make this better? Here is your chance to make a difference!

On November 19th, local executives, community luminaries and notables are Sleeping Out for one night in solidarity with the youth served at Covenant House. With only a sleeping bag and a piece of cardboard, they will get a small glimpse of what it’s like to “sleep” on the street.
Covenant House Vancouver exists for those young people for whom there is often no one else — young people aged 16 – 24 who have fled physical, emotional and/or sexual abuse, those who have been forced from their homes or those who have aged out of foster care. Covenant House relies on the generosity of over 55,000 individuals and organizations to provide shelter, food, clothing and counseling to over 1,400 youth each year.

Please consider supporting Chef David Hawksworth as he Sleeps Out in solidarity with Covenant House Vancouver’s homeless youth.