

# FOOD & WINE

TRAVEL ISSUE

MAY 2010

cook your way  
around the world  
*60 best recipes*



*Grilled-chicken tacos,  
perfect with a  
fruity Pinot Noir*  
RECIPE P. 168

**chefs'  
classics  
made  
easy**



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insider's guide to great wine deals

a SUPERSELECTIVE guide to the best of

# CANADA'S WINE & FOOD

Here, 15 reasons to head north, from a sommelier who hunts for Canada's best wine (undeterred by rattlesnakes) to a 19-year-old chef prodigy creating startlingly original food.

photographed by ethan hill researched by jen murphy and kelly snowden

## BEST OUTDOOR TRIPS FROM FISHING TO BIKING

**fishing and cooking** It could well be the ultimate sea-to-table experience: Vancouver star chef David Hawksworth (of the forthcoming Hawksworth Restaurant at the Hotel Georgia) partners with the West Coast Fishing Club to lead annual fishing trips in Haida Gwaii (formerly known as the Queen Charlotte Islands). Anglers give their just-caught chinook salmon to Hawksworth, who teaches them how to turn it into dishes like gravlax with shaved fennel salad (July 25–29; \$6,000 per person; westcoastfishingclub.com). Here, more wild Canadian adventures:

**farm living** Fairburn Farm on Vancouver Island runs five-day cooking classes in the spring and fall. Students get the real farm experience: gathering eggs, canning jams, hunting for mushrooms. \$2,000 per person; fairburnfarm.bc.ca.

**kelp gathering** Sooke Harbour House, also on Vancouver Island, offers two-hour walking tours along the beach that teach how to identify and use different varieties of seaweed. Afterward, the inn's chefs transform the harvest into dishes like grilled smoked tuna in green sea-lettuce broth. \$40 for tour, from \$45 for dinner; sookeharbourhouse.com.

**wine-country biking** Butterfield & Robinson's six-day guided bicycle tours from Montreal to Quebec City hit top farm stands and wineries, stopping for tastes of the region's iconic cider. \$6,000 per person; butterfield.com. —Rhonda May



Vancouver chef David Hawksworth searches for seafood.